

WHAT IS LIFE AND THE TRUE CURE FOR/OF DISEASE?

Adapted by Phillip Elton Collins

Dear Beloved Angel News Network Community,

With so much clearing and cleansing taking place in our bodies at this crucial time, I thought it essential to again discuss the energetic components of life and what within these can effect a cure for the diseases we have and are manifesting. There will come a time when humanity is freed from disease and lives in an immortal state of perfect health. But until that time, allow this “divine discussion” to support our highest good. This life-empowering, medical-altering teaching is adapted from *The Second Coming: The Archangel Gabriel Proclaims a New Age*, by spiritual journalist and author Joel D. Anastasi, channeled by Robert Baker.

The Light of Source never fails.

Phillip Elton Collins

A BRIEF REVIEW: ARCHANGEL GABRIEL DISCUSSES

What are the energetic forces that create life?

What are the true cause and effect of disease that standard medicine does not know or recognize?

Why are we still largely treating symptoms? Are we sure to “cause no harm”?

Why are immune deficiency diseases like cancer and HIV now some of the largest killers in the world?

Most of our current treatments involve “fighting” a disease. What we resist persists. Is there a “neutral” way to heal?

Do we really die or transition into our permanent nonphysical form?

Is the human mind the only resource where we can answer the above questions? Are science and our minds ready for solutions that do not come from the human mind, but support our highest good? Has it always been this way during our evolution as a species? Yes, it has!

DNA, THE BASIS OF LIFE

There are sixty-four on-sites in DNA (current science knows forty-four). An on-site is a place in the DNA molecule where a waveform (energy) moves across it connecting two points. In connecting these two points, it produces the amino acids needed to create the chemical interactions in the endocrine system (which we are just beginning to learn the importance of), to bring strength and balance to the immune system and reproduction of the cells to restore the life, balance, and harmony of the physical body. DNA regenerates life. Without these connections, life in the physical cannot continue.

Our bodies renew all their atoms every year. Every few months our skin renews; some of our organs completely reconstruct on an atomic level. This happens through a production of mitosis and reproduction through the instructions of our DNA molecule, since the DNA molecule instructs organisms through the genetic code. So, when the on-sites connect, producing amino acids, it restores health, well-being, and balance to our bodies. Current science has figured out much of this.

When all the DNA on-sites (forty-four to sixty-four) are connected, this will bring about immortality in the physical. This is your destiny as a species, and our science is catching up to the importance of so-called “junk” DNA as the source to this immortality.

THE BODY MEANT TO BE

Your bodies are designed to be healthy and well all the time. Disease is a distortion of the processes of the physical body. Disease is a distortion of the emotional, mental, and physical processes. What we feel and think has a dramatic impact on the physical. Our sciences are also catching up to this reality.

The human body has three energetic diaphragms. There is one in the anus, one in the solar plexus, and one in the throat. A spiral of energy moves up from the base of the spine to your crown (the Kundalini sexual spiral). The other, the erotic spiritual spiral, moves down from the crown to the base. When these forces are unimpeded, it creates a wave called the orgasmic wave through the body, an experience of orgasm that creates a sensation of pleasure and excitement in

the body, and supports your desire to be here. This is the life energy itself that current science cannot explain.

When we experience pain or trauma, we begin to shut down our ability to experience those waves of pleasure and excitement for life in order to get rid of or avoid the pain. When this happens, we begin to develop armor rings of blocked energy and blocked emotions in various layers in the body, like layers of an onion. These are horizontal rings, chronically impacted in the muscle tissues, which prevent movement of the pulsation wave up and down in the body to create the sensation of life and pleasure. The pain becomes a “wound” and we develop “ego defenses” to survive/protect the wound. (A discussion of wounds and defenses is an entire teaching in itself, but know that we can identify an individual’s wounds and defenses easily and assist in diagnosis and healing.)

Where are these armor rings? There are seven armor rings altogether. There are armor rings in the ocular layers around the eyes and cheekbones; another in the area of the jaw, lips, and tongue; another in the throat, upper shoulders, and neck; another in the chest and arms; and others in the solar plexus, the upper abdominal region, and the pelvis and legs.

HOW AND WHEN ARMOR RINGS DEVELOP

The armor rings develop at various times during childhood development, creating experiences of shutdown with the sexual energy, the erotic force, and the love force (the various energies of life, and lessons unto themselves), restricting the ability to experience the flow of life through the body. This creates a disconnection from our nonphysical, eternal soul and the armoring of the five primary ego defenses. Your ego then maintains and sustains these layers of armored defense chronically in the body. Your body becomes more self-contained as life goes on. You grow into adulthood and shut down more and more, experiencing less pleasure and excitement for life, limiting your life force into a “comfort zone” where you are living or responding to little of life.

Your nervous system then becomes an editing system that edits out everything except what the ego has decided is safe.

So, in effect, we are often living through the illusion of our ego, defending ourselves against life, which stops the flow of energy of the above three forces. The flow of the balance of giving and receiving—the masculine and feminine energies where love and the expression of being connected live—is stopped. We stay in the “me” consciousness, not able to move into “we” consciousness. This is currently changing within our species.

ENERGETIC INFORMATION

The energetic structure of your body is the key element missing in standard medical practice. The body is the vehicle through which the spirit (energy) expresses itself when spirit is awakened (conscious). The energetic spirit aspect of the body cannot be conscious if the body (emotional, mental, and physical) is armored within its processes. The energetic aspect of you is always there—it is not something outside yourself—but it cannot function properly if there are layers of wounds/defenses between you and it.

WHAT CAUSES DISEASE

Through ownership you can begin to ease and free yourselves from disease. All disease is caused by each of you (as a tool to learn what you came here to learn; it is not to make you a victim). All disease is simply caused by imbalances in the functioning of the individual, based upon imbalances in the individual emotionally, mentally, and energetically.

Until you understand and accept that life force (energy) interfered with or interrupted is what creates disease, you will never be able to conquer the illusion of disease in which you currently believe (which is shifting).

Again, life force interruption occurs within your physical body when you have rings of energetic and emotional armoring in the tissues of the body that prevent the life force from flowing freely up through the body. That energy has to go somewhere. If it is confined in a limited space, it attempts to move and interferes with the organs or the areas of the body where it is trapped. There are forms of energetic healing (Reiki, light ascension, hands-on) that greatly assist by allowing the energy to flow properly.

CURRENT MEDICAL COMMUNITY

Your mass medical community has no cognizance of the fact that energy is the source of creation (although this is beginning to change). Therefore, what happens with energy is what creates disease, not what happens with the physical body. The physical body does not create disease. The physical body simply registers disease because it is a hologram or a barometer of what is happening in the areas of creation that produce the physical body.

So, all disease starts energetically, emotionally, and mentally. Then this is translated into the hologram reactions of the physical body. The physical body simply registers symptoms. Thus, the medical profession at large treats symptoms. Its practitioners try to get rid of symptoms. But they don't get to the source of the disease because they do not understand or refuse to understand energy. They do not understand how emotion creates the movement of energy, and thus creates the balance of the immune system and the balance of the conditions of the physical body. And most don't understand or care how the mental belief systems impact the body (our thoughts and emotions create our reality; that's how powerful we are). Your thoughts and emotions can actually be stored within your DNA cellular memory. Since they are not curing most diseases, some doctors are opening themselves to the new truth here. Let's be careful and not kill the messengers of new truths, as in the past. Let's accept with compassion and forgive what we do not know and where we need to change.

CANCER AND HIV

More people die of cancer and HIV than ever before. Cancer has become the leading killer in America, overtaking heart disease. Your cure rate with these diseases is low, since you do not yet fully understand the cause/problem. Any immune deficiency disease is created on a cellular level. It involves the cellular reproduction of the body. Therefore, this disease, at its source, is a problem or a trauma that basically involves shame of self on a very primitive cellular level. This shame is often the result of not accepting who you are through self-identity. It is the lack of a loving relationship with self (the way in which people use the force of creation in their lives to experience and express the power and identity of who they are).

Sexual identity issues are often seen in cancer and HIV. Cancer often strikes women

(breast/reproductive organs) and men (prostate) related to their sexual identity. HIV is a sexually transmitted disease related to one's sexual identity. It is related to energy that is blocked that does not allow the cellular memory of the body to reproduce itself at a healthy rate. It influences production of the T-cells, which reproduce the physical body.

THE CURES

To better address the cures for these diseases, which produce deterioration of the physical body largely based upon shame and a lack of self-love, you need to get to the core. You need to get to the issues of shame and a lack of self-love on a cellular level, where the right to be, the right to have life, the right to be you, is concerned. These issues have to be cleared. The traumas locked in certain regions of the body have to be cleared. The energy then has to flow through the body, because the energy flows in the body determine the rate at which the cells can reproduce.

All the emotional memories of shame and a lack of self-love are taught/programmed into the spiritual aspect of the DNA at a very early age. This is encoded in the DNA, which is what makes it a cellular disease and one of immune deficiency, because immune deficiency comes from the inability of the connecting points in the DNA to connect. When this happens, they cannot produce the amino acids to create the chemical interactions needed for the reproduction of cellular memory to restore the physical body. When that process breaks down, when the sense of self is shamed, it affects the immune system.

THE IMMUNE SYSTEM

The immune system is not created to fight anything. Most disease cures are set up on the premise of fighting something. What you resist persists. The immune system is created to assimilate the experiences of life. When it is forced to fight, it breaks down. This affects the production of cells. Therefore, the source of the emotion has to be gotten to. There is a reason cancer and HIV are so rampant in our society. It is based upon shame of self that produces lack of intimacy and connection. This is reflected in our wars, politics, marriage and divorce rates, and our dualistic civilization, where it is often every man for himself.

You are in the process of learning that without equality and unity you cannot advance as a

species and survive. There are several new therapeutic processes that allow you to heal needs to be healed.

NEW THERAPIES

New therapeutic processes have been created to allow the necessary flow of energy throughout the body by releasing the emotional and mental programming that's trapped in the muscle tissues and organs. This trapped energy creates the energetic armoring that blocks the energy flow throughout the body.

These processes work like this. Each energetic construction is based upon where and how the energy is armored in the body. As stated earlier, there are seven rings of armoring. Each one of those layers is related to a state of development in childhood. Each of those has consecutive layers of energetic armoring that create tension and stress in a certain area of the body and block the flow of energy there. When the energy is blocked, it cannot flow through the body, so it literally explodes because it is locked in. This predetermines what areas of the body later in life will probably break down and become diseased—heart, digestion, arthritis, cancer, HIV, etc.

What happens depends upon where the predominant layers of armoring are based, the particular defense structure of the person, and which levels of emotional development the child locked into.

HOW WE OFTEN DEAL WITH DISEASE AND NO MORE NEED FOR IT

Humans largely deal with disease on a physical level, discounting energy's role. So you often deal with disease on a level of microbes, viruses, and cellular balance and imbalance. What you do not yet fully understand is that if you got at the source of how disease is created from the perspective of movements of energy, you would no longer be working with physical symptoms. When you work with the flows of energy, you will not have disease anymore. It is your destiny that this takes place in your evolution.

HOW WE SHALL FREE OURSELVES FROM DISEASE

As humans begin to fully understand the functioning of DNA and how to manipulate this, you will be able to eliminate disease altogether. Remember that DNA is the cellular structure

recording all the information that moves through the body. The DNA holds not just the physical genetic implications but also the emotional, mental, and energetic patterns. Basically, DNA is a blueprint of patterns that the RNA has sent it. The RNA records the information from the body and sends it into the DNA. The DNA unscrambles it and sorts it into blueprints or patterns. In the past, the RNA molecule has been functioning in one way only. It sends information to the DNA from the body system and through the endocrine system (which mirrors the star systems that seeded this planet).

As we begin to open the spiritual (energy) aspect of DNA, it begins to operate as a two-way system. In the future, it will begin to send information it has recorded in the DNA out into the consciousness of the individual. So we will be able to access what is recorded in the DNA on a conscious level and begin to manipulate that. This will be a life-altering game-changer for how we live!

WHAT TO DO UNTIL WE KNOW MORE

Until the above information becomes commonplace, stay connected to like-minded/spirited people, gaining a greater understanding of how your own physical body operates and taking responsibility for balancing its energy flows. You can raise the vibration of your body, overcome disease, and maintain your body in balance and health. You can also begin to share with others what you know. Studying Reiki energetic healing is one method whereby you begin to understand energy: how to access it, how to make it flow, and how to balance it.

The more we investigate the origins of life from the energetic standpoint, the more it becomes something that people embrace, the more it becomes common knowledge and less mysterious and threatening to established medicine. Then we can develop comprehensive/integrated medicine.

Reiki (energetic) healing is a method of learning to use the universal life force of energy. But that is not enough. You also have to have an understanding of your own personal process (which requires a deep examination of your relationship with self). When the author took his training as a healing arts therapist, he had to be in a personal process so he could better receive his healing

in order to assist others in theirs. Participating in a therapeutic process is necessary because the vehicle must be clear in order to sustain the movement of energy. One of the reasons there is so much diseases on our planet, so many immune-deficiency diseases, is because there are great imbalances in our physical systems.

THE TRUTH ABOUT GERMS

Many of you were taught that germs create disease. Since then, science has reversed that, saying germs do not create disease. Germs can contribute to creating imbalance, but they do not create disease. You are exposed to germs all the time. You have germs in your body constantly. Why do some people take those germs and create disease and others do not? It has nothing to do with the germs; it has to do with how the body is responding to what is taking place, how it is using it.

Take the immune system, for instance; people have thought the immune system is used to fight disease. It does not fight disease. When the immune system has to fight, it breaks down. It is used for bringing balance to the body. When the immune system is balanced, there is health and well-being. When it is out of balance because it has to fight, it breaks down, and disease occurs because it becomes weakened.

ENERGIES OF THE PLANET AND OUR BODY

The energies of the planet have been raising their vibration over the past seventy-five years, particularly since 1987 (on the author's birthday), when the Harmonic Convergence occurred. This created a massive step-up of that vibration. Since then, the Jupiter comet occurrence in 1994 and other cosmic events have taken place. Each has created an infusion of higher vibration of consciousness and energy into the Earth plane and the bank of DNA around the Earth. This is creating a mutation of the planetary DNA and also creating a mutation of the human DNA.

Because of these events, and because your bodies are so polluted or blocked, when the vibration is raised it starts an entrainment process that brings up everything that is diseased in the body, everything that is out of balance, everything that is in resistance, everything that is in conflict. Does this sound like our world today? And the body simply becomes a mirror of the conflict!

When you start this entrainment process, all your “stuff” comes to the surface and all the toxins start to surface. So you go through a kind of healing crisis because you are disturbing energetic blocks within your body that have been there for years. Most of you have learned to live with this with a certain degree of stress and shutdown, and you have accepted it as normal or part of growing old.

The experience of humanity is not one of becoming more open and available to life. The process of living, aging, and getting older has become a process of gradually shutting down to life. This has become the normal process, quite the reverse of what it should or is intended to be.

There is no reason why the body has to age and fall apart. The only reason it does is because as you grow older (because of your wounds and defenses), you shut off to more and more life. And you often create a smaller and smaller frame of reference for living. You often fight change, fight development, and fight growth.

You humans often seem to accept limitation and lack rather than growth, expansion, and development because change appears threatening. But the process of living is the process of changing. The process of living from a soul/energy perspective is the process of growth and expansion. That’s all your soul is interested in! Your wounded ego is interested in confining, limiting, and keeping things in a comfort zone that it can understand and attempt to control.

By allowing the ego, housed within your belief system’s mental bodies, to surrender to your knowing hearts, you can allow yourselves to surrender to not knowing and allow the void to reveal all possibilities and probabilities of life—a new way of being and healing.

BREATH SOUND AND MOTION

How much you are able to breathe in determines how much life you feel you deserve, how much of life you are able to receive. This is a direct indication of your receiving pattern. How much you breathe out is going to be determined by how much you breathe in. So it is an exact indication of your ability to give of yourself, to share yourself, and to expose yourself to life.

How you breathe is the key to how you live. This is the fundamental key to the universe; it is the key to life.

As much as you are able to breathe in is as much of life as you are able to receive—that you feel you have a right to receive. Therefore, you will limit yourself to receiving life according to how much you limit your breath. If you limit your taking in of life, you will also be limiting what you feel you have to give to life, what you feel you can be exposed to life, what you feel you can give to life without feeling you are giving up something or giving yourself.

Giving and receiving are the exact mirror of each other. In effect, they are the same thing. As you give, you receive. As you receive, you give. If you are only breathing out, only giving, you will die. If you are only breathing in, only taking, you will die. You must be able to breathe in and out. Most people use only 15–20 percent of their lung capacity. This is an indication of how much you feel you deserve where life is concerned and how healthy you are.

You are literally living a life of starvation. You are starving the brain of oxygen and its capacity to function as a physical unit to be able to interpret and take in consciousness. This is why most people are not very astute where conscious awareness is concerned. They are asleep because the brain itself is not oxygenated, so it cannot fire neurons.

Being able to breathe in, or not, also interferes with the functioning of the endocrine system. The endocrine system is the distributor of energy to the various chemical processes that nourish and nurture the organs and systems of the body. It is the doorway between the conscious mind, the subconscious, and the superconscious.

Breathing controls the functioning of the nervous system through how it balances or distorts the serotonin and various chemical processes that are produced in the brain. The breath is also the source of the reproduction of life on a cellular level. The breath is the source of all this!

You have been given the gift of life in the breath, the secret of life in the breath. If you use that secret of life, you have the ability to regenerate life endlessly. The one thing that keeps you from

regenerating life and reproducing it, which results in aging, disease, and death, is in fact that less than 1 percent of the body can reproduce itself. The cells of the body are programmed with messages of trauma and therefore stimulate the release of the emotional charges held in the body that keep the damaged areas in place.

If, on the other hand, you are able to free yourselves from your personal history in the body, you have the potential of immortality in the physical body.

BACK TO DNA AND IMMORTALITY

Scientists have called the forty-four on-sites that have never been stimulated the junk DNA, but they're beginning to understand that it is not junk DNA. It is spiritual DNA. It is the potential for immortality in the physical. As they further uncover the secret to the DNA molecule, they are now predicting the possibility of the average life span increasing to two hundred years over the next fifty to one hundred years. And within the next two hundred to five hundred years, they are predicting the average life span increasing up to five hundred or more years.

These are speculations based upon what scientist have discovered thus far. However, those speculations fall far short of what is possible. Look at the cases where a life-threatening disease has had an instantaneous healing. That healing happened because more than twenty on-sites in the DNA were activated. By activating a few more on-sites, the disease was eradicated from the body instantaneously. If you were using ten more of those on-sites on a regular basis, think what could be possible.

As discussed earlier, incorporating personal processing and breathing, you further access the sensation of being. Remember, you stop breathing because breathing produces feeling. And feeling is the sensation of the movement of the life energy through the body.

When the movement of that life energy through feeling is associated with pain, you begin to stop the breath process to stop pain. This begins early in childhood and gradually increases into adolescence. By the time you are an adult, you have pretty much begun a slow movement toward annihilation simply through the process of shutting off feeling.

The DNA molecule is influenced by feeling. It holds all your emotional patterns of resistance and acceptance in place. When you are holding feelings in the body, you are holding the life force and preventing it from movement, preventing it from having expression. When this happens, it creates a length of waveform in the DNA that misses connecting the on-sites.

Therefore, it does not produce the necessary amino acids and chemical production in the endocrine system that brings about the balance in the immune system. So when you are holding emotions, you are having a negative experience of emotion because holding or suppressing creates resistance, which creates pain. Pain creates fight, and any form of fighting or resistance stimulates a closed system that is feeding upon itself and the system breaks down.

When, however, the DNA is affected by a wave of movement of feeling, which means you are accepting and experiencing your feeling moment to moment, it produces a different length of waveform. It is a matter of allowing all feelings, negative or positive. The DNA is stimulated by the allowance of all feelings. When there is a flow of feelings, it produces a length of waveform that connects the on-sites in the DNA molecule. Connecting those on-sites produces and stimulates the production of those chemicals needed to bring about the balance of the immune system, and thus, the physical body.

Remember, the entire process starts with your breathing; breathing is the source. Without breathing you cannot think or feel, because breathing awakens the consciousness in the physical body. When you breathe into the body, you stimulate awareness. You stimulate life. You stimulate consciousness. So the physical body, the emotional body, and the mental body are dependent upon the breath. Everything in life is dependent on three things: the breath, movement, and sound. Life is movement. Resistance is not moving, which is death.

HEALING

All healing is a manifestation of knowing on some level—the ability to know the perfect state of being and to hold that perfect state unflinchingly, without doubt. To hold it with the wholeness of your being, with absolute knowing of the perfection of that state of well-being and health. To

focus not on the disease, but on the healing. Not even on the healing so much, because when you focus on the healing, you are focusing on the expectation of process rather than the knowing of the state of being.

When you encounter a disease such as cancer, allow yourself to embody the truth of that life force; to embody it by becoming neutral, taking it within, allowing it to pass through you, and allowing it to radiate forth to those who will receive it.

Worry simply adds to the problem. It sustains the cancer. Worry is not love. It is fear. See yourself or another in a perfect state of being, without doubt. Move into the quantum field of possibility and probability, which is the pregnant void of creation. It is the place of all probability and possibility that exists simultaneously at all times. (Doubt, fear, and ignorance are the monsters of mankind.)

When you dip into the seas of possibility and probability where reality is concerned, let yourself be sure to dip into it with a very clear focus of that intention, so that you pull from it the probability that you want to create most specifically.

Focus your consciousness, your feelings, and your intentions. You can surround the cancer cells with absolute love. Embrace them with absolute acceptance, nurturing, and love so that you are not fighting them. Because the minute you have to fight anything, you are aiding and abetting the very thing you want to destroy.

Affirm that you are in a perfect state of health and well-being. That it is your divine right; demand and declare that it is as it is. You are perfect here and now. Divine love always has met and always will meet every human need.

Begin to approach life and disease in a different way. In doing so, you will approach life and disease in a way that has faith in life, trust in life, and that honors life through the choices you make in life that are different from the ones you are making now.